PRAYER ACTIVITY

The Beatitudes:

Compassion

- ## Equipment
  Table, plain table cloth, a flat dish, glass pebbles – available local shops, garden centres etc.

- ## Set up
  Spread the glass pebbles on the table. Pupils are invited to hold a glass pebble and think about someone they know who is ill or sad. As they think about that person, they are invited to say a quiet prayer. When they're ready, they can place the glass pebble in the dish.

- ## Instructions
  Sometimes we feel sad because someone we know is ill or sad.

  Look at the glass pebbles, some people think they look like tears. Do you know anyone who is sick or sad at the moment? Maybe you're feeling sad?

  Take a glass pebble as you think about that person. If you want you can say a quiet prayer for them. Maybe you could ask God to comfort them and help them. When you're ready, put your glass pebble into the dish.